

the BARNABAS beat

Issue 3 - February 2023



So, how was your Christmas?

We know! Sorry to mention Christmas, it does seem a long time ago now doesn't it? However, we'd like to share some of our Christmas news with you now...but don't worry - spring is just around the corner.



Our Annual Christmas Coffee Morning

It was so lovely to catch up with some of our members at our annual Christmas Coffee Morning on 7th December. Thanks to the marvellous Mandy & Shirley for baking a range of delicious cakes and bakes. It felt very festive in our garage space, around the tree, with people who care about Barnabas. Thanks to everyone who came, and made donations. Our collection pot totalled £48 - thank you.

Dinner was served!

On 22nd December, our lovely volunteers Marie & Megan came in to help peel, chop and slice their way to preparing Christmas meals for the residents within our Supported Housing project. Then our trusty Santa, aka Sandra, Housing Support Worker took to the skies to deliver a delicious meal, with a side order of Christmas cheer.





Supporting Barnabas through Regular Giving

By giving to Barnabas Safe & Sound on a regular basis, either monthly, quarterly or annually, it not only helps the charity financially, but this also demonstrates a real sense of support from people living and working within the local community. This in turn, builds trust locally, and with our funders.

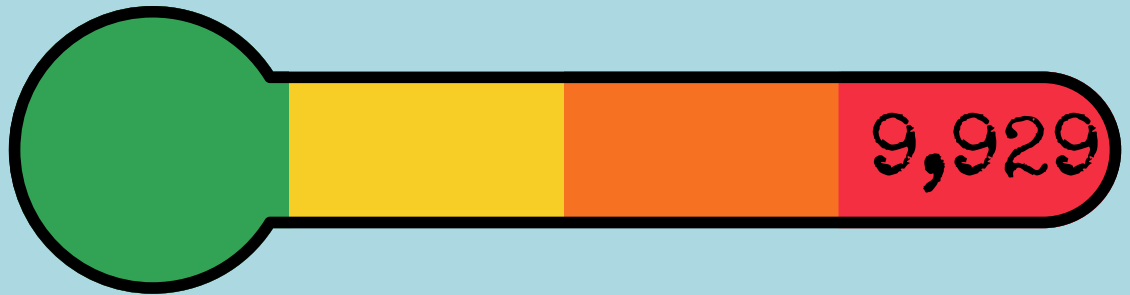
When we give to local causes it often comes from a place of personal interest, because they hold a special place in our hearts, or perhaps a loved one has benefitted from the charity, and you feel a connection with them. However, you are also investing in vital services for the community. In the case of Barnabas Safe and Sound, our Supported Accommodation, for example, provides support for some of the most disadvantaged young people. It helps young people to lead independent lives or turn their lives around, and plays its part in providing a vital service for the country. Investment in supported housing generates a fiscal benefit of £3.53 billion per year, which brings essential savings to the public sector, such as health and social care and the NHS, helping those services deliver better outcomes for the country.

By supporting Barnabas Safe & Sound, you are also committing to tackle homelessness through prevention, providing refuge and challenging disadvantage by helping young people transition to independent living. If you would like to make a long term investment in the services we provide to young people, please consider giving us a call. We can provide everything you need to get set up. We encourage you to only give within your means, for an amount that works for you, and is affordable.

 admin@barnabasne.org.uk



Our 21st Birthday Fundraising Target



In 2022 we celebrated our 21st Birthday. We set ourselves a target of £10,000 to be raised through community engagement and fundraising activities throughout the year. On 31st December, we clocked in at £9,929 which is 99% of our target. A fantastic achievement - thank you to everyone who donated, or attended one of our events. If you would like to donate to Barnabas Safe & Sound, simply scan the QR code provided above. We appreciate every penny.



What's Next for Barnabas?

ANNUAL GENERAL MEETING

ADVANCE NOTICE:
We invite you to join us for our annual general meeting:

Monday 27th March 2023

6pm

**The Garage, Wellwood House,
Dark Lane, NE61 1SU**

Refreshments provided. Formal invites for Members will follow. However, ALL ARE WELCOME.

JASS AWARD SCHEME

What is JASS?

The JASS Award Scheme is designed to recognise young people's wider achievements. It is a fully inclusive award that engages young people regardless of their interests, backgrounds or ability. The scheme is made up of 4 parts, which can be pitched to meet the abilities of all young people: Adventure, Get Active, Interests, My World.

It is a fantastic pre-cursor for the Duke of Edinburgh Award Scheme, which is also offered at Barnabas.

BARISTA TRAINING

As part of our Garage refurbishment, we purchased a fantastic professional coffee machine. We're now teaming up with Tynemouth Coffee to train up as Baristas!

It is our intention to offer this training to young people, including those within our accommodation so they can gain valuable work experience, to boost their chance of employment within hospitality.

Visit our website



For more information visit our website by scanning the QR code provided, or call us anytime to find out more.



Barnabas Safe & Sound
Wellwood House, Dark Lane, Morpeth, Northumberland, NE61 1SU
Telephone 01670 517721 / Email admin@barnabasne.org.uk
www.barnabas-northumberland.org.uk

Registered Charity Number: 1094570

