

the BARNABAS beat

Issue 5 - September 2023



A Summer filled with Happiness & Laughter

Barnabas have recently completed a fantastic Summer Activities program for 9-16 year olds - the rain didn't stop us, and it certainly didn't stop the amazing group of young people we engaged with. Five fun-filled weeks of paddle sports, climbing, archery, geo-caching, team building, plus bike maintenance, pizza & pud making, circus skills, stop-animation, eco warrior workshops, and even a drama bootcamp!

It's been an amazing opportunity for us to work in partnership to deliver a diverse range of activities, with something for everyone ages 9-16 years:



LASP OUTDOORS
For delivering the amazing
Adventure Days in Carlisle Park



Northumberland
Holiday Provision
...whether it rains or shines!



We've had lots of positive feedback from young people, from their parents, and from members of the public who have simply enjoyed seeing young people out and about, laughing on the river, enjoying themselves, while being engaged in meaningful activity.

As a result of our Summer programme, young people have:

- been kept safe
- been seen and their opinions have been heard
- developed life skills and grown as people
- been accepted and valued
- boosted their health and mental wellbeing
- been independent and motivated
- positively supported each other

5 weeks of activities.

39 activity sessions

155 children engaged

344 places allocated

5 young volunteers
gave their time





Youth has no limits





Youth Work: What's Next

Senior Youth Drop-In

Thursdays
3.30-6.00pm

For school years 9 and over.

Open session for young people to chill out, play pool, gaming etc.



Junior Youth Drop-In

Fridays
3.30-5.30pm

For school years 6,7, and 8.

15 places per week, booked in advance.

Utilising new contacts gained over summer.



Is it too soon to talk about Christmas? Never! Creative Workshops for Budding Actors and Set Designers

Following the success of our creative workshops over the summer, we have secured some funding to deliver a series of creative workshops between now and Christmas. The aim of the project is to engage with young people building skills around set design and acting, with a view to delivering Christmas Elf Workshops for children in the community around Christmas time. We'll be working in partnership with Nicky from Thinky Dinky Do, and our very own Josh (who is trained as a professional Elf and goes by the name of Slushypops) will be delivering the acting workshops. Key dates are as follows:

Tuesdays from 19th September - 24th October 3:45 - 5:30
Planning, designing and building the set

Tuesday 31st October (Half Term) 9:30 - 4:00
Elf training with Josh, which will include script writing, vocal exercises and acting

Tuesday 7th November 3:45 - 5:30
Finalising the set and planning the Elf workshops and other activities in the run up to Christmas

Possible Elf workshop dates:
Saturday 18th November - including Christmas lights switch on
Sunday 19th November
Saturday 25th and Sunday 26th November

Interested? Give us a call on 01670 517721 or email hayley.brown@barnabasne.org.uk





Our Advice and Supported Housing Projects



Say hi to Sandra, Housing Support Worker

Did you know we provide Advice and a Supported Accommodation project for young people aged 16 to 25 years? Our amazing Support Worker, Sandra has a wealth of knowledge and has worked with young people for over thirty years.

We're here for young people when they have a problem, don't know who to ask, or where to go for help. They might come to us to discuss issues around welfare, benefits, mental health, or housing to name but a few! We will do our best to work out these problems, offer solutions, and signpost to other agencies so the young people get access to the right services. If housing is an issue, and it's appropriate to do so, young people can refer in to our Supported Accommodation Project.

Our housing project is there for young people when they experience housing crisis or homelessness. Since 2001, we have accommodated over 300 young people - providing a safe place to stay, and sound advice. This is why we are called Barnabas "Safe & Sound". We currently offer 11 bed spaces across Morpeth, Ashington and Blyth.

Young people benefit from one to one support, which focuses on giving them the skills they need to manage their own tenancies, gain meaningful training, education or employment, and ultimately becoming fully independent within the community.



Would you like to support our work in the community?



There are lots of ways you can get involved with Barnabas:

If your children/young people engage in our services this ensures continuity of much needed services. Youth work can change lives, opening up a world of opportunity and our housing projects helps to keep some of society's most vulnerable safe.

Donate. Barnabas are a registered charity (no 1094570). Regular giving demonstrates true community support. Scan the QR code provided to donate via "wonderful". Every penny counts.

Come along to one of our events - we'd love to meet you. Read on to see what we have planned between now and Christmas.



WHAT'S ON

CURRY NIGHT

Monday 16 October 2023

6.30pm Manzil Restaurant, Morpeth

£20 per person including:

Starter

Main Course

Rice

1 Free entry for our raffle

Lucky number draw available on the night

Supplements will apply for lamb/prawns

Give us a call on 01670 517721 to book your place.



SAVE THE DATE



Christmas Coffee Morning
The Garage, Wellwood House, NE61 1SU
Monday 4th December 10am to 12pm



Visit our website

**For more information visit our website
by scanning the QR code provided, or
call us anytime to find out more.**



Barnabas Safe & Sound
Wellwood House, Dark Lane, Morpeth, Northumberland, NE61 1SU
Telephone 01670 517721 / Email admin@barnabasne.org.uk
www.barnabas-northumberland.org.uk

Registered Charity Number: 1094570

